#### GOLD BANC CORP INC

Form 4 March 31, 2006

### FORM 4

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

**SECURITIES** 

**OMB** 

**OMB APPROVAL** 

Number:

3235-0287

Expires:

January 31, 2005

0.5

Estimated average burden hours per

response...

if no longer subject to Section 16. Form 4 or Form 5

obligations

may continue.

See Instruction

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and AcRUSS JAME	•	rting Person *	2. Issuer Name <b>and</b> Ticker or Trading Symbol GOLD BANC CORP INC [GLDB]	5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	(Check all applicable)			
16500 SING	LETARY R	D	(Month/Day/Year) 03/30/2006	_X_ Director 10% Owner Officer (give title Other (specify below)			
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check			
MYAKKA C	CITY, FL 34	251	Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acc	quired, Disposed of, or Beneficially Owned			

		1 401	CI-MOH-D	ciivative	occur i	nies Acqu	ii cu, Disposcu oi	, or Deficiencian	.y Owned
1.Title of	2. Transaction Date		3.	4. Securit		•	5. Amount of	6.	7. Nature of
Security	(Month/Day/Year)	Execution Date, if		on(A) or Dis		` ′	Securities	Ownership	Indirect
(Instr. 3)		any	Code	(Instr. 3, 4	and :	))	Beneficially	Form: Direct	Beneficial
		(Month/Day/Year)	(Instr. 8)				Owned	(D) or	Ownership
							Following	Indirect (I)	(Instr. 4)
					(1)		Reported	(Instr. 4)	
					(A)		Transaction(s)		
			Code V	Amount	or (D)	Price	(Instr. 3 and 4)		
Common Stock	03/30/2006		M	11,268	A	\$ 6.807	181,082	D	
Common Stock	03/30/2006		M	2,500	A	\$ 7.25	183,582	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of **SEC 1474** information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

#### Edgar Filing: GOLD BANC CORP INC - Form 4

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of or Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		es ed (A) osed of	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option	\$ 6.807	03/30/2006		M		1	1,268	07/01/1999	07/01/2008	Common Stock	11,268
Stock Option	\$ 7.25	03/30/2006		M		2	2,500	03/08/2001	03/08/2010	Common Stock	2,500
Stock Option	\$ 7.25							03/06/2002	03/06/2011	Common Stock	5,000
Stock Option	\$ 7.1							01/23/2003	01/23/2012	Common Stock	5,000
Stock Option	\$ 10.41							01/22/2004	01/22/2013	Common Stock	5,000
Stock Option	\$ 14.4							01/21/2005	01/21/2014	Common Stock	5,000
Stock Option	\$ 13.4							04/19/2006	04/19/2015	Common Stock	5,000

# **Reporting Owners**

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
RUSS JAMES G 16500 SINGLETARY RD MYAKKA CITY, FL 34251	X							

# **Signatures**

J. Gary Russ 03/30/2006

\*\*Signature of Date
Reporting Person

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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