## Edgar Filing: MCDOWELL FRANK C - Form 4

| MCDOWELL<br>Form 4<br>April 04, 2013  |   |   |                                      |  |                        |                |         |  |  |                     |  |
|---|---|---|--------------------------------------|--|------------------------|----------------|---------|--|--|---------------------|--|
| FORM  | <b>4</b> UNITED S                       | TATES S   |                                      |  |                        |                | NGE (   | COMMISSION   |  | PROVAL<br>3235-0287 |  |
| Check this<br>if no longe<br>subject to<br>Section 16<br>Form 4 or<br>Form 5<br>obligations<br>may contin<br><i>See</i> Instruct<br>1(b). | Filed purse<br>Section 17(a)            | STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF<br>SECURITIES<br>Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,<br>Section 17(a) of the Public Utility Holding Company Act of 1935 or Section<br>20(b) of the Investment Company Act of 1940 |                                      |  |                        |                |         |  |  |                     |  |
| (Print or Type Re   | esponses)                               |   |                                      |  |                        |                |         |  |  |                     |  |
| MCDOWELL FRANK C Symbo<br>Piedm   |   |   | Symbol                               | nont Office Realty Trust, Inc.                   |                        |                |         | 5. Relationship of Reporting Person(s) to<br>Issuer<br>(Check all applicable)                                      |  |                     |  |
| (Month/I  |   |   | 3. Date of 1<br>Month/Da<br>)4/02/20 | -  |                        |                |         | X_Director10% Owner<br>Officer (give titleOther (specify<br>below) below)  |  |                     |  |
|   |   |   |                                      | ndment, Date Original<br>th/Day/Year)            |                        |                |         | 6. Individual or Joint/Group Filing(Check<br>Applicable Line)<br>_X_ Form filed by One Reporting Person            |  |                     |  |
| JOHNS CRE   | EK, GA 30097                            |   |                                      |  |                        |                |         |  | More than One Re   |                     |  |
| (City)  | (State) (Z                              | Zip)  | Table                                | I - Non-De                                       | erivative S            | ecuri          | ties Ac | quired, Disposed o   | f, or Beneficial   | ly Owned            |  |
| 1.Title of<br>Security<br>(Instr. 3)  | 2. Transaction Date<br>(Month/Day/Year) | Execution any   | Date, if                             | 3.<br>Transactio<br>Code<br>(Instr. 8)<br>Code V | Disposed<br>(Instr. 3, | (A) o<br>of (D | )       | 5. Amount of<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction(s)<br>(Instr. 3 and 4) | 6. Ownership<br>Form: Direct<br>(D) or<br>Indirect (I)<br>(Instr. 4) |                     |  |
| Common<br>Stock   | 04/02/2013                              |   |                                      | А  | 2,568                  | А              | \$0     | 31,688   | D  |                     |  |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

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| 1. Title of<br>Derivative<br>Security<br>(Instr. 3) | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | 3. Transaction Date<br>(Month/Day/Year) | 3A. Deemed<br>Execution Date, if<br>any<br>(Month/Day/Year) | 4.<br>Transact<br>Code<br>(Instr. 8) | 5.<br>ionNumber<br>of<br>Derivative<br>Securities<br>Acquired<br>(A) or<br>Disposed<br>of (D)<br>(Instr. 3,<br>4, and 5) | ;                   | Date               | Secur | unt of<br>rlying                       | 8. Price of<br>Derivative<br>Security<br>(Instr. 5) | 9. Nu<br>Deriv<br>Secu<br>Bene<br>Own<br>Follo<br>Repo<br>Trans<br>(Instr |
|---|---|---|---|--------------------------------------|--|---------------------|--------------------|-------|--|---|---|
|   |   |   |   | Code V                               | 7 (A) (D)  | Date<br>Exercisable | Expiration<br>Date | Title | Amount<br>or<br>Number<br>of<br>Shares |   |   |

## **Reporting Owners**

| Reporting Owner Name / Address   |            | Relationsh |         |       |  |
|--|------------|------------|---------|-------|--|
|  | Director   | 10% Owner  | Officer | Other |  |
| MCDOWELL FRANK C<br>11695 JOHNS CREEK PARKWAY<br>STE. 350<br>JOHNS CREEK, GA 30097 | Х          |            |         |       |  |
| Signatures   |            |            |         |       |  |
| /s/ Laura P. Moon as Attorney-in-Fact<br>McDowell                                  | 04/04/2013 |            |         |       |  |
| <u>**</u> Signature of Reporting Per   | Date       |            |         |       |  |
| Evelopetion of Doomo   |            | _          |         |       |  |

## Explanation of Responses:

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.