#### **EMCOR GROUP INC**

Form 4

December 06, 2010

### FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

**OMB APPROVAL** 

Check this box if no longer subject to Section 16. Form 4 or

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005
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Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

response... 0.5

*See* Instruction 1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * MACINNIS FRANK T			2. Issuer Name and Ticker or Trading Symbol EMCOR GROUP INC [EME]	5. Relationship of Reporting Person(s) to Issuer  (Check all applicable)		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	(Check an applicable)		
301 MERRITT	SEVEN		(Month/Day/Year) 12/02/2010	X Director 10% OwnerX Officer (give title Other (specify below) Chairman & CEO		
(Street)			4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
NORWALK, CT 06851			Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		

(City)	(State)	(Zip) Tab	le I - Non-	Derivative	Secui	rities Acquir	ed, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securities Acquired (A) our Disposed of (D) (Instr. 3, 4 and 5)  (A) or Amount (D) Price		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	12/02/2010		M	35,100	A	\$ 6.36	686,474	D	
Common Stock	12/02/2010		S	30,980	D	\$ 28	655,494	D	
Common Stock	12/02/2010		S	100	D	\$ 28.0001	655,394	D	
Common Stock	12/02/2010		S	100	D	\$ 28.0003	655,294	D	
Common Stock	12/02/2010		S	100	D	\$ 28.005	655,194	D	

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Common Stock	12/02/2010	S	3,711	D	\$ 28.01	651,483	D
Common Stock	12/02/2010	S	100	D	\$ 28.0104	651,383	D
Common Stock	12/02/2010	S	9	D	\$ 28.02	651,374	D
Common Stock	12/03/2010	M	14,900	A	\$ 6.36	666,274	D
Common Stock	12/03/2010	S	17,810	D	\$ 28	648,464	D
Common Stock	12/03/2010	S	100	D	\$ 28.0002	648,364	D
Common Stock	12/03/2010	S	200	D	\$ 28.0007	648,164	D
Common Stock	12/03/2010	S	100	D	\$ 28.0053	648,064	D
Common Stock	12/03/2010	S	6,890	D	\$ 28.01	641,174	D
Common Stock	12/03/2010	S	900	D	\$ 28.015	640,274	D
Common Stock	12/03/2010	S	3,800	D	\$ 28.02	636,474	D
Common Stock	12/03/2010	S	5,700	D	\$ 28.03	630,774	D
Common Stock	12/03/2010	S	100	D	\$ 28.0316	630,674	D
Common Stock	12/03/2010	S	1,500	D	\$ 28.04	629,174	D
Common Stock	12/03/2010	S	300	D	\$ 28.05	628,874	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number of	6. Date Exercisable and	7. Title and Amount of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transaction	orDerivative	Expiration Date	Underlying Securities
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and 4)
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Acquired (A)		

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	Derivative Security			or Disp (D) (Instr. 3 and 5)					
			Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Options (right to buy)	\$ 6.36	12/02/2010	M	3	5,100	01/02/2002	01/01/2011	Common Stock	35,100
Employee Stock Options (right to buy)	\$ 6.36	12/03/2010	M	1	4,900	01/02/2002	01/01/2011	Common Stock	14,900

## **Reporting Owners**

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
MACINNIS FRANK T 301 MERRITT SEVEN NORWALK, CT 06851	X		Chairman & CEO			

## **Signatures**

Frank T.

MacInnis

\*\*Signature of

Date

Reporting Person

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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