

MULLEN JAMES C
 Form 4
 March 23, 2010

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549**

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
 MULLEN JAMES C

(Last) (First) (Middle)

14 CAMBRIDGE CENTER

(Street)

CAMBRIDGE, MA 02142

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol
 BIOGEN IDEC INC. [BIIB]

3. Date of Earliest Transaction
 (Month/Day/Year)
 03/19/2010

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

Director 10% Owner
 Officer (give title below) Other (specify below)
 CEO & President

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price
Common Stock	03/19/2010		M ⁽¹⁾		287,500	A	\$ 51.85
Common Stock	03/19/2010		M ⁽¹⁾		46,721	A	\$ 49.03
Common Stock	03/19/2010		S ⁽¹⁾		334,221	D	\$ 59.9721 (2) (3)
Common Stock	03/22/2010		M ⁽¹⁾		106,279	A	\$ 49.03
Common Stock	03/22/2010		S ⁽¹⁾		106,279	D	\$ 59.9528

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(2) (4)

Common Stock 75,000 I 2008 GRAT

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Security (Instr. 3 and 4)
				Code	V (A) (D)	Date Exercisable Expiration Date	Title
Non-qualified Stock Option (Right to Buy)	\$ 51.85	03/19/2010		M ⁽¹⁾	287,500	⁽⁵⁾ 06/16/2010	Common Stock 28
Non-qualified Stock Option (Right to Buy)	\$ 49.03	03/19/2010		M ⁽¹⁾	46,721	⁽⁶⁾ 12/14/2011	Common Stock 46
Non-qualified Stock Option (Right to Buy)	\$ 49.03	03/22/2010		M ⁽¹⁾	106,279	⁽⁶⁾ 12/14/2011	Common Stock 106

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
MULLEN JAMES C 14 CAMBRIDGE CENTER CAMBRIDGE, MA 02142	X		CEO & President	

Signatures

/s/ Aras Lapinskas, Attorney in Fact for James C. Mullen

03/23/2010

**Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

- (1) Exercise/sale pursuant to a trading plan intended to comply with Rule 10b5-1 of the Securities Exchange Act of 1934.
- (2) Full information regarding the number of shares sold at each separate price will be provided upon request by the SEC staff, the issuer, or a security holder of the issuer.
- (3) This represents the weighted average price for shares sold at a range between \$59.95 (low) and \$60.15 (high).
- (4) This represents the weighted average price for shares sold at a range between \$59.95 (low) and \$59.98 (high).
- (5) The stock option became exercisable in seven (7) equal annual installments, commencing one year after the grant date of 06/16/00.
- (6) The stock option became exercisable in four (4) equal annual installments, commencing one year after the grant date of 12/14/01.
- (7) Granted under one of the Issuer's stock option plans, in an exempt transaction under SEC rule 16(b)-3(d).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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