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NANDLATE CULUND

Form 4	CHINC										
January 29, 2	_									PPROVAL	
FORM		SECURITIES AND EXCHANGE CO Washington, D.C. 20549					OMB Number:	3235-0287			
Check thi if no long subject to Section 1 Form 4 or Form 5	F CHANGES IN BENEFICIAL OWI SECURITIES Section 16(a) of the Securities Exchange						Expires: January 31 2009 Estimated average burden hours per response 0.9				
obligation may cont <i>See</i> Instru 1(b).	ns Section 17(a	a) of the	Public Ut		ling Cor	npan	y Act of	1935 or Section	1		
(Print or Type F	Responses)										
1. Name and Address of Reporting Person <u>*</u> SCHRIER ERIC W			2. Issuer Name and Ticker or Trading Symbol MANNATECH INC [MTEX]				ng	5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (N	Middle)	3. Date of Earliest Transaction (Check					x all applicable)			
600 S. ROYAL LANE, SUITE 200			(Month/Day/Year) 12/21/2015					X_ Director10% Owner Officer (give titleOther (specify below) below)			
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person			
COPPELL,	TX 75019							Form filed by M Person	ore than One Re	porting	
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Executio any	ned n Date, if Day/Year)	3. Transactic Code (Instr. 8)	4. Securi on(A) or D (Instr. 3,	ispose	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
Common Stock, par value \$0.0001 per share (1)	12/21/2015			Code V	Amount		Price \$ 18.98		D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Titl Amou Under Secur (Instr.	unt of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
1	Director	10% Owner	Officer	Other			
SCHRIER ERIC W 600 S. ROYAL LANE SUITE 200 COPPELL, TX 75019	Х						
Signatures							
/s/ Diane Barton, Assistant Cor Attorney		0					

**Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) One-third of the stock vests on January 4, 2016, another one-third of the stock vests on January 4, 2017, and the remaining one-third of the stock vests on January 4, 2018.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

01/29/2016 Date