

Holland E J Jr
 Form 4
 April 22, 2008

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549**

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
 Holland E J Jr

(Last) (First) (Middle)
 5454 W. 110TH STREET
 (Street)

OVERLAND PARK, KS 66211

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol
 Embarq CORP [EQ]

3. Date of Earliest Transaction (Month/Day/Year)
 04/18/2008

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

___ Director ___ 10% Owner
 ___X___ Officer (give title below) ___ Other (specify below)

SVP-HR & Communications

6. Individual or Joint/Group Filing(Check Applicable Line)

___X___ Form filed by One Reporting Person
 ___ Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Ownership (Instr. 4)
			Code	V Amount (A) or (D) Price			
Common Stock	04/18/2008		M ⁽¹⁾	12,428 A \$ 0	18,774	D	
Common Stock	04/18/2008		F ⁽²⁾	4,156 D \$ 38.96	14,618	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(4) Award became fully vested and shares were delivered to Mr. Holland immediately after his 65th birthday pursuant to the terms of the award agreement. Award was granted on July 28, 2006. Original vesting schedule: Vests in 2 equal annual installments beginning on February 7, 2008.

(5) Award became fully vested and shares were delivered to Mr. Holland immediately after his 65th birthday pursuant to the terms of the award agreement. Award was granted on February 21, 2007 as a performance adjustment to RSUs granted on July 28, 2006. Original vesting schedule: Vests in 2 equal annual installments beginning on February 7, 2008.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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