## RYANAIR HOLDINGS PLC

## Form 6-K

December 02, 2005

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                    SECURITIES AND EXCHANGE COMMISSION
                    Washington, D.C. 20549
                            FORM 6-K
                    Report of Foreign Private Issuer
            Pursuant to Rule 13a-16 or 15d-16
            of the Securities Exchange Act of 1934
            For the month of December, 2005
                            RYANAIR HOLDINGS PLC
(Translation of registrant's name into English)
                            c/o Ryanair Ltd Corporate Head Office
                    Dublin Airport
            County Dublin Ireland
(Address of principal executive offices)
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Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.

Form 20-F..X.. Form 40-F.....

Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934.
Yes . . . . No . . X. .

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If "Yes" is marked, indicate below the file number assigned to the registrant
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in connection with Rule 12g3-2(b): 82-
$\qquad$

RYANAIR'S DUBLIN PILOTS EACH RECEIVE
OVER EUR60,000 SHARE OPTION WINDFALL

Ryanair, Europe's largest low fares airline, today (Friday, 2nd December 2005) confirmed that many of its Dublin pilots have received windfalls of over EUR60,000 each by selling their share options, which became exercisable from yesterday (1st December). Based on today's share price of EUR7. 50 the options have a value of EUR190,000, yielding windfalls of over EUR60,000 for each participating pilot.

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The share options form part of the collective 5 year pay, benefit and share option scheme that the Dublin pilots negotiated directly with the airline in November 2000 and are the ninth tranche of options which Ryanair's Dublin pilots have enjoyed over each of the past nine years. The total value of these options to each qualifying Dublin pilot since Ryanair floated in 1997 is almost EUR500,000 and if disposed of at the exercise date, they have generated a total profit of almost EUR300,000 for each qualifying Dublin pilot.

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Welcoming this latest tranche of profitable share options for Ryanair's pilots,
Ryanair's Director of Personnel, Eddie Wilson said:
    "Ryanair will continue to negotiate directly with all our people, and we
hope that as a result of this internal collective bargaining process our
people will continue to share in Ryanair's success as we grow to become
Europe's largest and most valuable airline."
"This latest EUR60,000 share option profit is one of many benefits which
Ryanair's Dublin pilots have negotiated directly with Ryanair. Ryanair's
pay, promotion, job security and share options are better than any other 737
pilot package in Europe. This is why Ryanair has over the past }12\mathrm{ months
recruited more than }150\mathrm{ pilots from other airlines including Easyjet,
Lufthansa, SAS, Alitalia and British Midlands".
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Ends. Friday, 2nd December 2005
For reference:
Peter Sherrard - Ryanair Pauline McAlester - Murray Consultants
Tel: 00-353-1-8121228 Tel: 00-353-1-4980300

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned, hereunto duly authorized.

RYANAIR HOLDINGS PLC

Date: 02 December 2005

By:___/s/ Howard Millar____
H Millar
Company Secretary \& Finance Director

