VERIZON COMMUNICATIONS INC Form DEFA14A April 23, 2009

UNITED STATES

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

SCHEDULE 14A

Proxy Statement Pursuant to Section 14(a) of the

Securities Exchange Act of 1934

(Amendment No. __)

Filed by the Registrant x		Filed by a Party other than the Registrant "			
Check the appropriate box:					
	Preliminary Proxy Statement				
	Confidential, for Use of the Com	mission Only (as permitted by Rule 14a-6(e)(2))			
	Definitive Proxy Statement				
x	Definitive Additional Materials				
	Soliciting Material Pursuant to §24	0.14a-12			

Verizon Communications Inc.

(Name of Registrant as Specified In Its Charter)

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$(Name\ of\ Person(s)\ Filing\ Proxy\ Statement,\ if\ other\ than\ the\ Registrant)$

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Marc C. Reed		Verizon Communications Inc.
Executive Vice President	Human Resources	140 West Street, 29th Floor
		New York, New York 10007
April 23, 2009		
Dear Investor:		
M	14	

We recently sent you a letter describing key features of our executive compensation program. We want to advise you that we have recently decided to make the following changes as part of our goal of continuing to improve our program:

To discontinue the practice of making an executive whole for tax liability related to the payments that the company makes to the executive to defray a portion of the premium under Verizon s Executive Life Insurance Plan for employee participants beginning with the next premium that is due (which will be in 2010) and for those participants who retire after December 31, 2009; and

To provide that the current policy of permitting a Chief Executive Officer to use company aircraft for personal use following retirement will not apply to the current and any subsequent CEO of Verizon.

Please call me if you have any questions.

Sincerely,