VERIZON COMMUNICATIONS INC Form 8-K December 06, 2012

# UNITED STATES

#### SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

# FORM 8-K

# CURRENT REPORT

#### Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report: December 6, 2012

(Date of earliest event reported)

# VERIZON COMMUNICATIONS INC.

(Exact name of registrant as specified in its charter)

Delaware (State or other jurisdiction of 1-8606 (Commission File Number) 23-2259884 (I.R.S. Employer Identification No.)

incorporation)

140 West Street

New York, New York (Address of principal executive

offices)

Registrant s telephone number, including area code: (212) 395-1000

Not Applicable

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

[] Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

[] Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

[] Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

10007 (Zip Code)

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[] Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

# Item 5.02 Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

Election of Director

On December 6, 2012, the Board of Directors of Verizon Communications Inc. (Verizon) elected Kathryn A. Tesija, Executive Vice President for Merchandising and Supply Chain at Target Corp., as a director, effective immediately. As a director, Ms. Tesija will participate in the compensation program applicable to all non-employee directors, which is described under the heading Non-Employee Director Compensation in Verizon s definitive proxy statement on Schedule 14A, filed with the Securities and Exchange Commission on March 19, 2012, except that for all non-employee directors the current annual cash retainer is \$100,000 and the annual grant of Verizon share equivalents is valued at \$150,000 on the grant date. Ms. Tesija has not yet been named to a Board committee.

# SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

Verizon Communications Inc. (Registrant)

Date:

December 6, 2012

/s/ William L. Horton, Jr.William L. Horton, Jr.Senior Vice President, Deputy General Counsel

and Corporate Secretary