AVALONBAY COMMUNITIES INC

Form 4 July 29, 2005

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or

obligations

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

may continue. See Instruction

1(b).

(Last)

(City)

C/O AVALONBAY

Form 5

(Print or Type Responses)

1. Name and Address of Reporting Person * HOREY LEO S III

(First)

(Middle)

(Zip)

COMMUNITIES, INC., 2900 EISENHOWER AVE., SUITE 300

(Street)

(State)

4. If Amendment, Date Original Filed(Month/Day/Year)

2. Issuer Name and Ticker or Trading

Symbol **AVALONBAY COMMUNITIES** INC [AVB]

3. Date of Earliest Transaction

(Month/Day/Year) 07/27/2005

5. Relationship of Reporting Person(s) to

OMB APPROVAL

3235-0287

January 31,

2005

0.5

OMB

Number:

Expires:

response...

Estimated average

burden hours per

Issuer

(Check all applicable)

Director 10% Owner X_ Officer (give title Other (specify

below) Executive Vice President

6. Individual or Joint/Group Filing(Check

Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting

ALEXANDRIA, VA 22314

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1.Title of 2. Transaction Date 2A. Deemed 3. 4. Securities Acquired 5. Amount of 7. Nature of Indirect Security (Month/Day/Year) Execution Date, if Transaction(A) or Disposed of (D) Securities Ownership (Instr. 3) Code (Instr. 3, 4 and 5) Beneficially Form: Direct Beneficial (D) or (Month/Day/Year) (Instr. 8) Owned Ownership Following Indirect (I) (Instr. 4) Reported (Instr. 4) (A) Transaction(s) (Instr. 3 and 4) (D) Price Code V Amount Common 50,245.879 Stock, par 07/27/2005 M 5,000 D 45.79 (1) value \$.01 per share Common Stock, par 45,245,879 S 5,000 \$87 D 07/27/2005 D value \$.01 (1) per share Common 07/28/2005 M 12,976 A \$ 58,221,879 D 45.79 (1) Stock, par

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value \$.01 per share							
Common Stock, par value \$.01 per share	07/28/2005	S	5,000	D	\$ 87.25	53,221.879 (1)	D
Common Stock, par value \$.01 per share	07/28/2005	S	7,976	D	\$ 88	45,245.879 (1)	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	e 3A. Deemed Execution Date, if any (Month/Day/Year)	Code	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount Underlying Securitie (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amou or Numb of Sha
Employee Stock Options (Right to Buy)	\$ 45.79	07/27/2005		M	5,000	02/13/2003(2)	02/13/2012	Common Stock	5,00
Employee Stock Options (Right to	\$ 45.79	07/28/2005		M	12,976	02/13/2003(2)	02/13/2012	Common Stock	12,9

Reporting Owners

Buy)

Reporting Owner Name / Address	Relationships				
	Director	10% Owner	Officer	Other	

Executive Vice President

Reporting Owners 2

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HOREY LEO S III C/O AVALONBAY COMMUNITIES, INC. 2900 EISENHOWER AVE., SUITE 300 ALEXANDRIA, VA 22314

Signatures

By Edward M. Schulman under Power of Attorney dated February 13, 2003

07/29/2005

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The amount of securities owned following the reported transaction reflects direct ownership of all shares of common stock, including restricted shares.
- The options exercised were included in options granted on February 13, 2002 which became exercisable in three annual installments beginning on February 13, 2003.
- The number of derivative securities beneficially owned following the reported transaction includes options granted in various periods (3) with varying exercise prices and vesting dates. Following the reported transaction the reporting person holds 12,976 options that expire on February 13, 2012 with an exercise price of \$45.79.
- The number of derivative securities beneficially owned following the reported transaction includes options granted in various periods (4) with varying exercise prices and vesting dates. Following the reported transaction the reporting person holds no more options that expire on February 13, 2012 with an exercise price of \$45.79.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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