Edgar Filing: CONAGRA FOODS INC /DE/ - Form 4

CONAGRA FOODS I Form 4 July 13, 2016	NC /DE/							
	ITED STATES			IGE COMMISSION		PPROVAL 3235-0287		
Subject to Section 16. Form 4 or Form 5 Fi	Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, ection 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940				Expires: Estimated burden hou response	Expires: January 31, 2005 Estimated average burden hours per response 0.5		
(Print or Type Responses)								
1. Name and Address of Re McGough Thomas M	eporting Person <u>*</u>	2. Issuer Name and Symbol CONAGRA FOO [CAG]	d Ticker or Trading ODS INC /DE/	Issuer	f Reporting Per ck all applicabl			
(Last) (First) C/O CONAGRA FOC W. MERCHANDISE PLAZA, STE 1300		3. Date of Earliest T (Month/Day/Year) 07/11/2016	ransaction	Director X Officer (give below) Presider		% Owner her (specify oods		
(Street)	et) 4. If Amendment, Date Original Filed(Month/Day/Year)			Applicable Line)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
CHICAGO, IL 60654				Form filed by M Person				
(City) (State)	(Zip)	Table I - Non-	Derivative Securit	ies Acquired, Disposed o	f, or Beneficia	lly Owned		
1.Title of 2. Transaction Security (Month/Day (Instr. 3)	on Date 2A. Deem /Year) Execution any (Month/D	Date, if Transactio Code	4. Securities onAcquired (A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or Amount (D) F	Securities I Beneficially (Owned (6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Indirect		
Reminder: Report on a sepa	arate line for each c	lass of securities bene	-	ctly or indirectly.	tion of a	SEC 1474		

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02) required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	orDerivative Securities Acquired	Securities (Month/Day/Year) Acquired (A) or Disposed of D) Instr. 3, 4,		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Options (right to buy)	\$ 48.11	07/11/2016		А	52,074		<u>(1)</u>	07/10/2026	Common Stock	52,074
Restricted Stock Units	<u>(2)</u>	07/11/2016		А	8,679		(3)	<u>(3)</u>	Common Stock	8,679

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Reporting Owners

Reporting Owner Name / Address		Relationships					
		Director	10% Owner	Officer	Other		
McGough Thomas M C/O CONAGRA FOODS, INC. 222 W. MERCHANDISE MART PLAZ CHICAGO, IL 60654	A, STE 1300			President, Consumer Foods			
Signatures							
/s/ Christine Herbas , Attorney-in-fact	07/13/2016						
**Signature of Reporting Person	Date						
Explanation of Paanan	0001						

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These stock options will become exercisable as to 33.33% on July 11, 2017, 33.33% on July 11, 2018, and 33.34% on July 11, 2019.
- (2) Each restricted stock unit represents a contingent right to receive one share of ConAgra Foods common stock upon settlement.
- (3) Restricted stock units vest on July 11, 2019, or earlier upon certain events.

Remarks:

Exhibit 24- Power of Attorney is attached

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.