

Neikirk Kenneth English
 Form 3
 May 03, 2019

FORM 3 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
 Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *		2. Date of Event Requiring Statement	3. Issuer Name and Ticker or Trading Symbol	
Â Neikirk Kenneth English		(Month/Day/Year)	HELIX ENERGY SOLUTIONS GROUP INC [HLX]	
(Last)	(First)	(Middle)	05/01/2019	
3505 W. SAM HOUSTON PARKWAY N.,Â SUITE 400			4. Relationship of Reporting Person(s) to Issuer	5. If Amendment, Date Original Filed(Month/Day/Year)
(Street)			(Check all applicable)	
HOUSTON,Â TXÂ 77043			<input type="checkbox"/> Director <input type="checkbox"/> 10% Owner	6. Individual or Joint/Group Filing(Check Applicable Line)
(City)	(State)	(Zip)	<input checked="" type="checkbox"/> Officer (give title below) <input type="checkbox"/> Other (specify below)	<input checked="" type="checkbox"/> Form filed by One Reporting Person
			SVP, Gen Counsel & Secretary	<input type="checkbox"/> Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Beneficially Owned

1. Title of Security (Instr. 4)	2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nature of Indirect Beneficial Ownership (Instr. 5)
Common Stock	33,126 ⁽¹⁾	D	Â

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1473 (7-02)

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Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)	3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)	4. Conversion or Exercise Price of Derivative Security	5. Ownership Form of Derivative Security: Direct (D)	6. Nature of Indirect Beneficial Ownership (Instr. 5)
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	Date Exercisable	Expiration Date	Amount or Number of Shares	or Indirect (I) (Instr. 5)
Performance Share Unit	Â (2)	Â (3)	Common Stock 17,006 (4) \$ (2)	D Â

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Neikirk Kenneth English 3505 W. SAM HOUSTON PARKWAY N. SUITE 400 HOUSTON, TX 77043	Â	Â	Â SVP, Gen Counsel & Secretary	Â

Signatures

Kenneth E. Neikirk by power of attorney
Date: 05/03/2019

Signature of Reporting Person: _____ Date: _____

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Of the shares owned, 2,835 are restricted shares granted in 2017 as part of a restricted stock award pursuant to the Helix Energy Solutions Group, Inc.'s ("Helix") 2005 Long Term Incentive Plan (as Amended and Restated effective January 1, 2017).
Each Performance Share Unit ("PSU") represents the contingent right to receive one share of Helix's common stock. Actual number of
- (2) shares upon vesting may range from 0% to 200% dependent on Helix's relative shareholder return as compared to its peer group over a three-year period beginning January 1, 2018 and ending December 31, 2020.
- (3) Upon payment of the PSUs, which shall occur no later than March 15, 2021.
- (4) Amount reported is 200% of the number of PSUs granted and the maximum number that may be earned.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, See Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.