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April 08, 2005				
OMB APPR	IUVAL			
Washington, D.C. 20549 Number: 3	3235-0287			
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). Check this box if no longer subject to SECURITIES STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940				
(Print or Type Responses)				
Rochford Lloyd Timothy Symbol Issuer ARENA RESOURCES INC [ARD]				
(Last) (First) (Middle) 3. Date of Earliest Transaction (Check all applicable)				
(Month/Day/Year) _X_ Director _X_ 10% Ow	X Officer (give title Other (specify below) below)			
Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person	_X_ Form filed by One Reporting Person			
RANCHO MIRAGE, CA 92270 Form filed by More than One Reporting Person	ing			
(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially O	Owned			
(Month/Day/Year) (Instr. 8) (Month/Day/Year) (Instr. 8) (A) or (Instr. 3 and 4) (Month/Day/Year) (Instr. 8) Owned Indirect (I) Ow Following (Instr. 4) (Instr. 4) (Instr. 3 and 4)	direct eneficial			
$\begin{array}{c} \text{Code V Amount (D)} & \text{Price} & (110110 \text{ and } 1) \\ \text{Common} & 04/07/2005 & 04/07/2005 & \text{S} & 9,600 & \text{D} & \frac{\$}{12.02} & 1,114,500 & \text{D} \end{array}$				
Common 04/08/2005 04/08/2005 S 1,900 \$ 1,112,600 D Stock 04/08/2005 S 1,900 D \$ 1,112,600 D				
Common 50,000 I Sto	tock ption			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. of Derivativ Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	3	te	7. Title and A Underlying S (Instr. 3 and	Securities	8. Pri Deriv Secun (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Option	\$ 3.7					04/01/2005	10/01/2008	Common Stock	50,000	

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
Rochford Lloyd Timothy 5 CLANCY LANE SOUTH RANCHO MIRAGE, CA 92270	Х	Х	President, CEO				
Signatures							
/s/ Lloyd Timothy Rochford	04/08/2005						
<u>**</u> Signature of Reporting Person	Date						

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.