SAIA INC Form 8-K August 03, 2016

UNITED STATES

SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d)

of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported) July 29, 2016

SAIA, INC.

(Exact name of registrant as specified in its charter)

Delaware0-4998348-1229851(State or other jurisdiction(Commission(IRS Employer)

of incorporation) File Number) Identification No.)

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11465 Johns Creek Parkway, Suite 400, Johns Creek, GA30097(Address of principal executive offices)(Zip Code)Registrant's telephone number, including area code (770) 232-5067232-5067

No Changes.

(Former name or former address, if changed since last report.)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

Written communications pursuant to Rule 425 under the Securities Act (17CFR 230.425)

Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 7.01 Regulation FD Disclosure.

Attached as Exhibit 99.1 is the transcript of the conference call to discuss the second quarter earnings of Saia, Inc. The Securities and Exchange Commission encourages companies to disclose forward-looking information so that investors can better understand the future prospects of a company and make informed investment decisions. This news release contains these types of statements which are "forward-looking statements" within the meaning of the Private Securities Litigation Reform Act of 1995.

Words such as "anticipate," "estimate," "expect," "project," "intend," "may," "plan," "predict," "believe," "should" and similar words or expressions are intended to identify forward-looking statements. Investors should not place undue reliance on forward-looking statements and the Company undertakes no obligation to update or revise any forward-looking statements. All forward-looking statements reflect the present expectation of future events of our management as of the date of this news release and are subject to a number of important factors, risks, uncertainties and assumptions that could cause actual results to differ materially from those described in any forward-looking statements. These factors, risks, assumptions and uncertainties include, but are not limited to, the following:

•general economic conditions including downturns in the business cycle;

•effectiveness of Company-specific performance improvement initiatives, including management of the cost structure to match shifts in customer volume levels;

•the creditworthiness of our customers and their ability to pay for services;

· failure to achieve acquisition synergies;

•failure to operate and grow acquired businesses in a manner that supports the value allocated to these acquired businesses, including their goodwill;

•economic declines in the geographic regions or industries in which our customers operate;

• competitive initiatives and pricing pressures, including in connection with fuel surcharge;

·loss of significant customers;

•the Company's need for capital and uncertainty of the credit markets;

•the possibility of defaults under the Company's debt agreements (including violation of financial covenants);

•possible issuance of equity which would dilute stock ownership;

·integration risks;

·the effect of litigation including class action lawsuits;

•cost and availability of qualified drivers, fuel, purchased transportation, real property, revenue equipment and other assets;

• governmental regulations, including but not limited to Hours of Service, engine emissions, the Compliance, Safety, Accountability (CSA) initiative, compliance with legislation requiring companies to evaluate their internal control over financial reporting, Homeland Security, environmental regulations and the Food and Drug Administration (FDA);

·changes in interpretation of accounting principles;

·dependence on key employees;

·inclement weather;

·labor relations, including the adverse impact should a portion of the Company's workforce become unionized;

·terrorism risks;

·self-insurance claims and other expense volatility;

·cost and availability of insurance coverage;

·increased costs as a result of healthcare reform legislation;

·social media risks;

·cyber-security risk; and

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•other financial, operational and legal risks and uncertainties detailed from time to time in the Company's SEC filings.

As a result of these and other factors, no assurance can be given as to our future results and achievements. A forward looking statement is neither a prediction nor a guarantee of future events or circumstances and those future events or circumstances may not occur.

The information in this Current Report is being furnished pursuant to Item 9 and shall not be deemed "filed" for the purposes of Section 18 of the Securities Exchange Act of 1934, as amended, or otherwise subject to the liabilities of that Section. The information in this Current Report shall not be incorporated by reference into any registration statement pursuant to the Securities Act of 1933, as amended. The furnishing of the information in this Current Report is not intended to, and does not, constitute a representation that such furnishing is required by Regulation FD or that the information this Current Report contains is material investor information that is not otherwise publicly available.

Item 9.01 Financial Statements and Exhibits.

99.1 Transcript conference call of Saia, Inc. on July 29, 2016.

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

SAIA, INC.

Date: August 3, 2016 /s/ Stephanie R. Maschmeier Stephanie R. Maschmeier Controller and Principal Accounting Officer