### Edgar Filing: CONAGRA FOODS INC /DE/ - Form 4

CONAGRA I Form 4 December 03	FOODS INC /DE	2/							
FORM 4UNITED STATES SECURITIES AND EXCHANGE COMMISSI Washington, D.C. 20549Check this box if no longer subject to Section 16. Form 4 or Form 5 					VNERSHIP OF ge Act of 1934, of 1935 or Sectio	Number:       3235-028         Number:       January 3'         Expires:       200         Estimated average         burden hours per         response       0.			
<ul> <li>(Print or Type Responses)</li> <li>1. Name and Address of Reporting Person <u>*</u> Gehring John</li> </ul>			Issuer Name <b>and</b> nbol DNAGRA FOC AG]		-	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) ONE CONA NE 68102	(First) (M GRA DRIVE, O	(Mo	Date of Earliest Tr onth/Day/Year) /02/2004	ransaction		Director XOfficer (giv below) SR		6 Owner er (specify r	
(Street)			f Amendment, Da cd(Month/Day/Year	-		<ul> <li>6. Individual or Joint/Group Filing(Check Applicable Line)</li> <li>_X_ Form filed by One Reporting Person</li> <li> Form filed by More than One Reporting Person</li> </ul>			
(City)	(State) (	Zip)	Table I - Non-D	Perivative S	ecurities Ac	quired, Disposed o	of, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		Code Year) (Instr. 8)	4. Securit onAcquired Disposed (Instr. 3, -	(A) or of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
Common Stock			Cour V	mount		6,476	D		
Common Stock						497	Ι	By 401-k Trust	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Expiration Date		7. Title and Amoun Underlying Securit (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amo or Num of Sh
Share Equivalent Units	\$ 0 <u>(1)</u>	12/02/2004		А	20,000	12/02/2009 <u>(2)</u>	12/02/2009	Common Stock	20,0

# **Reporting Owners**

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
Gehring John ONE CONAGRA DRIVE, OMAHA, NE 68102			SR VP & Controller			

# **Signatures**

Person

Peter Perez, Attorney-in-fact <u>\*\*Signature of Reporting</u> Date

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) To be settled on a 1-for-1 basis in common stock.
- (2) Share equivalent units vest on December 2, 2009, or earlier upon certain events.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.