EASTERN CO Form 144 December 13, 2004

> UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 144

NOTICE OF PROPOSED SALE OF SECURITIES PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

ATTENTION: Transmit for filing 3 copies of this form concurrently with either placing an order with a broker to execute sale or executing a sale directly with a market maker

_____ 1(a) NAME OF ISSUER (Please type or print) The Eastern Company _____ 1(b) IRS IDENT. NO. (c) SEC FILE NO. 06-0330020 0-599 _____ _____ 1(d) ADDRESS OF ISSUER STREET 112 Bridge Street _____ 1(d) CITY STATE ZIP CODE СТ Naugatuck 06770 _____ 1(e) TELEPHONE _____ AREA CODE NUMBER 203 729-2255 _____ 2(a) NAME OF PERSON FOR WHOSE ACCOUNT THE SECURITIES ARE TO BE SOLD Salaried Employees' Retirement Plan of The Eastern Company _____ 2(b) IRS IDENT. NO. (c) RELATIONSHIP TO ISSUER 13-6076459 Employee Benefit Plan of Issuer _____ 2(d) ADDRESS STREET 112 Bridge Street _____ 2(d) CITY STATE ZIP CODE Naugatuck CT 06770 _____

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INSTRUCTION: The person filing this notice should contact the issuer to obtain the I.R.S. Identification Number and the SEC File Number.

3 (a) Title of the Class of Securities	(b) Name and Address of Each Broker Through Whom the Securities are to be Offered to Each Market	SEC USE ONLY Broker- Dealer File	(c) Number of Shares or Other Units to be Sold	(d) Aggregate Market Value	(e) Number of Shares or Other Unit Outstandin
to be Sold	Maker who is	Number	(See instr.	(See instr.	(See instr.
	Acquiring the Securities		3 (c))	3 (d)) 	3(e))
Common Stock	UBS (Warburg) Securities LLC 125 High Street, 28th Floor Boston, MA 02110		65,000	1,281,150	3,632,221

INSTRUCTIONS:

- 1. (a) Name of issuer
 - (b) Issuer's I.R.S. Identification Number
 - (c) Issuer'S S.E.C. file number, if any
 - (d) Issuer's address, including zip code (e) Issuer's telephone number, including area code
- 2. (a) Name of person for whose account the securities are to be sold
 - (b) Such person's I.R.S. identification number, if such person is an entity
 - (c) Such person's relationship to the issuer (e.g., officer, director, 10% stockholder, or member of immediate family of any of the foregoing)
 - (d) Such person's address, including zip code

3.(a) Title of the class of securities to be sold

- (b) Name and address of each broker through whom the securities are intended to be sold
- (c) Number of shares or other units to be sold (if debt securities, give the aggregate face amount)
- (d) Aggregate market value of the securities to be sold as of a specified date within 10 days prior to the filing of this notice
- (e) Number of shares or other units of the class outstanding, or if debit securities the face amount thereof outstanding, as shown by the most recent report or statement published by the issuer
- (f) Approximate date on which the securities are to be sold
- (g) Name of each securities exchange, if any, on which the securities are intended to be sold

POTENTIAL PERSONS WHO ARE TO RESPOND TO THE COLLECTION OF INFORMATION CONTAINED IN THIS FORM ARE NOT REQUIRED TO RESPOND UNLESS THE FORM DISPLAYS A CURRENTLY VALID OMB CONTROL NUMBER.

TABLE I - SECURITIES TO BE SOLD

Furnish the following information with respect to the acquisition of the

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securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

Title of
the ClassDate you
AcquiredNature of Acquisition
TransactionName of Person
from Whom AcquiredAmount of
Securities
date donor acquired)Common6/5/75
to
8/5/75Open Market TransactionOpen Market TransactionOpen Market Transaction

INSTRUCTIONS:

If the securities were purchased and full payment therefore was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

TABLE II - SECURITIES SOLD DURING THE PAST 3 MONTHS

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

Name and Address of Seller	Title of Securities Sold	Date of Sale	Securities Sold
			Amount of

None

REMARKS: None

INSTRUCTIONS:

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

ATTENTION:

The person for whose account the securities to which this notice relates are to

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sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which have not been publicly disclosed.

12/13/04	/s/John L. Sullivan III
(DATE OF NOTICE)	(SIGNATURE)

The notice shall be signed by the person for whose account the securities are to be sold. At least one copy of the notice shall be manually signed.

Any copies not manually signed shall bear typed or printed signatures.

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001).