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SHELLS SEAFOOD RESTAURANTS INC

Form 8-K

July 23, 2004

As filed with the Securities and Exchange Commission on July 23, 2004.

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the
Securities Exchange Act of 1934

Date of Report (Date of earliest event reported):
July 23, 2004

Shells Seafood Restaurants, Inc.
(Exact name of registrant as specified in its charter)

Delaware	0-28258	65-0427966
(State or other jurisdiction of incorporation)	(Commission file number)	(IRS employer identification No.)

16313 N. Dale Mabry Hwy, Ste 100, Tampa, FL 33618
(Address of principal executive offices)

Registrant's telephone number, including area code:
(813) 961-0944

Not Applicable
(Former name or former address, if changed since last report)

Item 12. Results of Operations and Financial Condition

Shells Seafood Restaurants, Inc. today issued a press release announcing second quarter and year-to-date results. Included in the press release issued by the Company and furnished herewith as Exhibit 99 are certain non-GAAP financial measures. Management of the Company believes such non-GAAP financial measures are useful to investors assessing the financial condition and results of operations of the Company's core business operations because they exclude results which management believes are atypical and unlikely to occur with regularity in the future.

A copy of the press release follows as Exhibit 99.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this Report to be signed on its behalf by the undersigned hereunto duly authorized.

Dated: July 23, 2004

SHELLS SEAFOOD RESTAURANTS, INC.

By: /s/ Leslie J. Christon
Leslie J. Christon
President and CEO

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INDEX TO EXHIBITS

99 Press Release dated July 23, 2004.