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NATURAL HEALTH TRENDS CORP

Form 4

February 22, 2016

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number:

3235-0287

0.5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

January 31, Expires: 2005 Estimated average

OMB APPROVAL

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response...

if no longer subject to Section 16. Form 4 or Form 5

obligations

may continue.

See Instruction

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * Jane Eleanor Broady 2012

Irrevocable Trust

(Middle) (Last) (First)

751 CANYON DRIVE, SUITE 100

(Street)

2. Issuer Name and Ticker or Trading Symbol

NATURAL HEALTH TRENDS CORP [NHTC]

3. Date of Earliest Transaction (Month/Day/Year)

4. If Amendment, Date Original Filed(Month/Day/Year)

06/11/2012

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

Director X__ 10% Owner Officer (give title _ Other (specify below)

6. Individual or Joint/Group Filing(Check

Applicable Line)

Form filed by One Reporting Person _X_ Form filed by More than One Reporting Person

COPPELL, TX 75019

(City)	(State)	(Zip) Tabl	e I - Non-E	Derivative S	Securi	ities Acqu	iired, Disposed of	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 8)	4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	06/11/2014		Code V G	Amount 20,000	(D)	Price \$ 0	2,399,750	D	
Common Stock	09/03/2014		G	4,250	D	\$0	2,395,500	D	
Common Stock	09/29/2014		G	35,000	D	\$ 0	2,360,500	D	
Common Stock	11/18/2014		C	61,693	A	<u>(1)</u>	2,422,193	D	
Common Stock	12/03/2014		D	14,565	D	\$ 13.23	2,407,628	D	

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Common Stock	02/18/2015	G	2,500	D	\$0	2,405,128	D
Common Stock	04/14/2015	G	10,000	D	\$ 0	2,395,128	D
Common Stock	05/20/2015	S	4,745	D	\$ 33	2,390,383	D
Common Stock	05/21/2015	S	75,081	D	\$ 30.16	2,315,302	D
Common Stock	05/21/2015	S	50,000	D	\$ 33.2	2,265,302	D
Common Stock	05/22/2015	S	20,174	D	\$ 34.71	2,245,128	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Nu	imber of	6. Date Exer	cisable and	7. Title and	Amount of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	ionDerivative		Expiration Date		Underlying Securities	
Security	or Exercise		any	Code	Secur	rities	(Month/Day/Year)		(Instr. 3 and 4)	
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Acqu	ired (A)				
	Derivative				or Dis	sposed of				
	Security				(D)					
					(Instr. 3, 4,					
					and 5)				
							Date	Expiration	Title	Amount
				Code V	(A)	(D)	Exercisable	Date		Number of Shares
Series A									Common	
Convertible Stock	<u>(1)</u>	11/18/2014		С		61,693	<u>(1)</u>	<u>(1)</u>	Stock	61,693

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
Jane Eleanor Broady 2012 Irrevocable Trust 751 CANYON DRIVE, SUITE 100 COPPELL, TX 75019		X				
Steinbrunner Magdalena		X				

Reporting Owners 2

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751 CANYON DRIVE, SUITE 100 COPPELL, TX 75019

Broady George Vincent

751 CANYON DRIVE, SUITE 100 X

COPPELL, TX 75019

Broady John Marvin

751 CANYON DRIVE, SUITE 100 X

COPPELL, TX 75019

Signatures

/s/ Magdalena Steinbrunner, by power of attorney 02/22/2016

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Conversion, exempt pursuant to Rule 16b-6, of Series A Convertible Preferred Stock into NHTC Common Stock on a 1-for-1 basis; the Series A Convertible Preferred Stock had no expiration date. The Series A Convertible Preferred Stock was subject to mandatory conversion because the average closing price of NHTC Common Stock over a consecutive 6-month period equaled or exceeded \$10.00 per share.

Remarks:

Magdalena Steinbrunner, Geoge Vincent Broady and John Marvin Broady are no longer subject to Section 16 but The Jane Ele Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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