### Edgar Filing: LEDOUX MARK A - Form 4

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Form 4 November 1	4 2005										
FORM	ЛЛ								APPROVAL		
	UNITED		JRITIES A ashington			NGE	COMMISSIO	N OMB Number:	3235-0287		
Check th if no lon subject t Section Form 4 c Form 5	ger o <b>STATEM</b> 16. or		SECUI	RITIES			/ <b>NERSHIP OF</b> ge Act of 1934,	Estimated av burden hour response			
obligatic may con <i>See</i> Instr 1(b).	tinue. Section 17(a		Utility Hol	ding Con	ipany	Act o	of 1935 or Secti	on			
(Print or Type	Responses)										
LEDOUX MARK A Symbol				d Ticker or		-	5. Relationship of Reporting Person(s) to Issuer				
			NATURAL ALTERNATIVES INTERNATIONAL INC [NAII]				(Check all applicable)				
(Last) (First) (Middle) 3. Date of (Month/D 1185 LINDA VISTA DR 11/10/20				ransaction			X DirectorX 10% Owner X Officer (give title Other (specify below) below) CEO/Chairman				
SAN MAR	mendment, D ⁄lonth/Day/Yea	-	l		<ul> <li>6. Individual or Joint/Group Filing(Check Applicable Line)</li> <li>_X_ Form filed by One Reporting Person</li> <li> Form filed by More than One Reporting</li> </ul>						
(City)		(Zip) T			a .		Person	a <b>D</b> at			
		1					quired, Disposed		-		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution Date, i any	tion Date, if Transaction(A) or Disposed of Sect Code (D) Ben h/Day/Year) (Instr. 8) (Instr. 3, 4 and 5) Own Foll (A) Transaction (A) Transaction (A) Code (D) Ben (A) Code (D) Code (C) Code (C			Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
			Code V	Amount		Price	(Instr. 3 and 4)		By self as		
Common Stock	11/10/2005		J <u>(1)</u>	25,800	D	<u>(1)</u>	195,301	I	Trustee for Marie Altmann LeDoux Family Trust		
Common Stock	11/10/2005		J <u>(1)</u>	12,000	А	<u>(1)</u>	198,817	D			
Common Stock							40,000	I	By IRA		
							598,000	I			

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Common Stock			By LeDoux Family Limited Partnership
Common Stock	800	I	By self as Custodian for Jean-Marc Emile LeDoux
Common Stock	28,000	Ι	By 401(k) Plan

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Unde Secur	unt of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owno Follo Repo Trans (Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

## **Reporting Owners**

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
LEDOUX MARK A								
1185 LINDA VISTA DR	Х	Х	CEO/Chairman					
SAN MARCOS, CA 92078								

# Signatures

/s/ John Reaves on behalf of Mr. LeDoux under a Power of Attorney

#### 11/14/2005

Date

# **Explanation of Responses:**

\* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

\*\*Signature of Reporting Person

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) These transactions represent intrafamily transfers in connection with the disposition of Marie LeDoux's estate.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.