CAPITAL ONE FINANCIAL CORP

Form 4 May 15, 2008

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number:

5. Relationship of Reporting Person(s) to

3235-0287

0.5

Check this box if no longer subject to

Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

January 31, Expires: 2005 Estimated average

OMB APPROVAL

burden hours per

response...

Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

FAIRBANK RICHARD D			2. Issuer Name and Ticker or Trading Symbol					Issuer					
			CAPITAL ONE FINANCIAL CORP [COF]				CORP	(Check all applicable)					
(Last) (First) (Middle)			3. Date of Earliest Transaction (Month/Day/Year)					_X_ Director 10% Owner _X_ Officer (give title Other (specify below)					
1680 CAPITAL ONE DRIVE			05/14/2008						Chairman, CEO and President				
		(Street)		4. If Ame			_	1		6. Individual or Joint/Group Filing(Check			
				Filed(Mor	th/Day/Y	Year))			Applicable Line) _X_ Form filed by One Reporting Person			
	MCLEAN, V	VA 22102								Form filed by More than One Reporting Person			
	(City)	(State)	(Zip)	Tabl	e I - No	n-D	erivative	Secur	rities Acq	uired, Disposed of, or Beneficially Owned			
	1.Title of Security (Instr. 3)	curity (Month/Day/Year) Executio astr. 3) any		med on Date, if Day/Year)	(A) or			d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
	Common Stock (1) (2)	05/14/2008			S	·	300	D	\$ 51.7	2,448,654	D		
	Common Stock (1)	05/14/2008			S		100	D	\$ 51.71	2,448,554	D		
	Common Stock (1)	05/14/2008			S		200	D	\$ 51.74	2,448,354	D		
	Common Stock (1)	05/14/2008			S		100	D	\$ 51.76	2,448,254	D		
	Common Stock (1)	05/14/2008			S		200	D	\$ 51.77	2,448,054	D		

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Common Stock (1)	05/14/2008	S	400	D	\$ 51.78	2,447,654	D
Common Stock (1)	05/14/2008	S	200	D	\$ 51.79	2,447,454	D
Common Stock (1)	05/14/2008	S	200	D	\$ 51.8	2,447,254	D
Common Stock (1)	05/14/2008	S	200	D	\$ 51.81	2,447,054	D
Common Stock (1)	05/14/2008	S	200	D	\$ 51.82	2,446,854	D
Common Stock (1)	05/14/2008	S	100	D	\$ 51.83	2,446,754	D
Common Stock (1)	05/14/2008	S	200	D	\$ 51.84	2,446,554	D
Common Stock (1)	05/14/2008	S	100	D	\$ 51.85	2,446,454	D
Common Stock (1)	05/14/2008	S	100	D	\$ 51.86	2,446,354	D
Common Stock (1)	05/14/2008	S	400	D	\$ 51.88	2,445,954	D
Common Stock (1)	05/14/2008	S	300	D	\$ 51.89	2,445,654	D
Common Stock (1)	05/14/2008	S	300	D	\$ 51.9	2,445,354	D
Common Stock (1)	05/14/2008	S	400	D	\$ 51.91	2,444,954	D
Common Stock (1)	05/14/2008	S	200	D	\$ 51.92	2,444,754	D
Common Stock (1)	05/14/2008	S	300	D	\$ 51.93	2,444,454	D
Common Stock (1)	05/14/2008	S	100	D	\$ 51.94	2,444,354	D
Common Stock (1)	05/14/2008	S	400	D	\$ 51.95	2,443,954	D
Common Stock (1)	05/14/2008	S	500	D	\$ 51.96	2,443,454	D
Common Stock (1)	05/14/2008	S	100	D	\$ 51.97	2,443,354	D
Common Stock (1)	05/14/2008	S	300	D	\$ 51.98	2,443,054	D
	05/14/2008	S	100	D		2,442,954	D

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Common Stock (1)					\$ 51.99			
Common Stock (1)	05/14/2008	S	900	D	\$ 52	2,442,054	D	
Common Stock (1)	05/14/2008	S	200	D	\$ 52.01	2,441,854	D	
Common Stock (1)	05/14/2008	S	500	D	\$ 52.02	2,441,354	D	
Common Stock						107,502	I	By Fairbank Morris

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Titl Amou Under Secur (Instr.	int of lying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships							
•	Director	10% Owner	Officer	Other				
FAIRBANK RICHARD D			Chairman,					
1680 CAPITAL ONE DRIVE	X		CEO and					
MCLEAN, VA 22102			President					

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Signatures

/s/ Tangela S. Richter (POA) on file for Richard D. Fairbank

05/15/2008

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This transaction was executed pursuant to a trading plan entered into by the Reporting Person on February 1, 2007, in accordance with Rule 10b5-1 under the Securities Exchange Act of 1934, as amended.
- (2) Due to SEC rules limiting the number of non-derivative transactions that can be reported on a single Form 4, this Form 4 is a continuation of the Form 4 filed for the same date listed above.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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