NARAYANAN LAKSHMI

Form 4

March 04, 2009

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

30(h) of the Investment Company Act of 1940

OMB

OMB APPROVAL

3235-0287 Number:

Expires:

January 31, 2005

0.5

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if no longer subject to Section 16. Form 4 or

Check this box

SECURITIES Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue.

See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person ** NARAYANAN LAKSHMI			Issuer Name and Ticker or Tradi abol GNIZANT TECHNOLOG LUTIONS CORP [CTSH]	Issuer
	IIZANT TECHNO NS CORP., 500 F	OLOGY 03	Pate of Earliest Transaction onth/Day/Year) (03/2009)	X Director 10% OwnerX Officer (give title Other (specify below) Vice Chairman
	(Street)		Amendment, Date Original d(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line)
TEANECK, NJ 07666			u(MonunDay/Tear)	_X_Form filed by One Reporting PersonForm filed by More than One Reporting Person
(City)	(State)	(Zip)	Table I - Non-Derivative Secur	ities Acquired, Disposed of, or Beneficially Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	E 2A. Deemed Execution Da any (Month/Day/	Code (Instr. 3, 4 and	of (D) Securities Ownership Indirect
Class A Common Stock	03/03/2009		M 18,000 A	\$ 1.02 0 D
Class A				

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	Securiti Acquire or Disp (D)	Derivative Expirat Securities (Month Acquired (A) or Disposed of (D) (Instr. 3, 4,		Date Exercisable and xpiration Date Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Class A Common Stock Option (Right to Buy) (1)	\$ 1.02	03/03/2009		M	1	8,000	05/14/2000	05/14/2009	Class A Common Stock	18,000	

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
NARAYANAN LAKSHMI C/O COGNIZANT TECHNOLOGY SOLUTIONS CORP. 500 FRANK W. BURR BLVD TEANECK, NJ 07666	X		Vice Chairman			
Signatures						

/s/ Steven Schwartz on behalf of Lakshmi Narayanan, by Power of 03/04/2009 Attorney

> **Signature of Reporting Person Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Such options were granted on May 14, 1999 pursuant to the Company's Amended and Restated 1999 Incentive Compensation Plan, as **(1)** amended. The options were 100% vested on May 14, 2003. The Date Exercisable above reflects the first anniversary date of such options.
- (2) Includes multiple option grants with different exercise prices and vesting dates.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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