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Spires Kenne Form 4 June 30, 2009												
FORM	ГЛ	STATES	SECU	RITIFS .		FX(CHANCE		SION		PPROVA	AL.
Check this box								51011	OMB Number:		-0287	
if no long subject to Section 10 Form 4 or	Ger STATEN 6. r		OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES						Estimated average burden hours per		2005 0.5	
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940												
(Print or Type R	Responses)											
1. Name and Address of Reporting Person <u>*</u> Spires Kenneth D			2. Issuer Name and Ticker or Trading Symbol DELTA APPAREL INC [DLA]				5. Relationship of Reporting Person(s) to Issuer					
(Last) (First) (Middle) 2750 PREMIERE PARKWAY, SUITE 100			3. Date of Earliest Transaction (Month/Day/Year) 06/29/2009				(Check all applicable) <u></u> Director <u></u> 10% Owner <u></u> Officer (give title <u></u> Other (specify below) President, MJ Soffe Co					
DULUTH, C	4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person							
(City)	(State)	(Zip)	Tab	ole I - Non-	Deriva	tive \$	Securities A	Acquired, Disp	osed of,	or Beneficia	lly Owne	d
	2. Transaction Date (Month/Day/Year)	Execution any	Date, if	3. Transactio Code (Instr. 8) Code V	Dispo (Instr	ired (osed o . 3, 4	(A) or of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s (Instr. 3 and 4	Fc (E (I) (Iı	Ownership orm: Direct)) or Indirect) nstr. 4)	7. Nature Indirect Beneficia Ownersh (Instr. 4)	al ip
Reminder: Repo	ort on a separate line	e for each cl	ass of sec					or indirectly.				
					int re	form quire	ation con ed to resp	spond to the tained in this ond unless th ntly valid OM	form a ne form	ire not	SEC 1474 (9-02)	

number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number of	6. Date Exercisable and	7. Title and Amount of	8. P
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	orDerivative	Expiration Date	Underlying Securities	Der
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and 4)	Seci

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(Instr. 3)	Price of Derivative Security		(Month/Day/Year)	(Instr. 8)	Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)			(Ins		
				Code V	(A) (D) Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Incentive Stock Award - Right to Buy	\$ 0.01	06/29/2009		А	12,000	<u>(1)</u>	<u>(1)</u>	Common Stock, \$0.01 Par Value	12,000	

Reporting Owners

Person

Reporting Owner Name / Address	Relationships							
i o	Director	10% Owner	Officer	Other				
Spires Kenneth D 2750 PREMIERE PARKWAY SUITE 100 DULUTH, GA 30097			President, MJ Soffe Co					
Signatures								
/s/Deborah H. Merrill, POA	06/30/20	009						
<u>**</u> Signature of Reporting	Date							

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This option vests on the date of the Company's filing of its Form 10k for the fiscal year ending July 2, 2011 and expires the next business day.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.