



Edgar Filing: Teichgraeber Gretchen - Form 4

Common Stock \$ 23.41

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transaction Code (Instr. 8) | 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) | 6. Date Exercisable and Expiration Date (Month/Day/Year) |                 | 7. Title and Amount of Underlying Securities (Instr. 3 and 4) |                            |
|--|--|--------------------------------------|--|--------------------------------|---|--|-----------------|---|----------------------------|
|  |  |                                      |  | Code                           | V (A) (D)   | Date Exercisable   | Expiration Date | Title   | Amount or Number of Shares |
| Non Qualified Stock Option (Right to Buy)  | \$ 19.45   | 11/23/2010                           |  | M                              | 6,000   | 12/15/2008   | 12/14/2015      | common stock  | 6,000                      |
| Non Qualified Stock Option (Right to Buy)  | \$ 26.4  | 11/23/2010                           |  | M                              | 12,500  | 05/09/2010   | 05/08/2016      | common stock  | 12,500                     |
| Non Qualified Stock Option (Right to Buy)  | \$ 28.02   | 11/23/2010                           |  | M                              | 6,250   | 12/28/2009   | 12/27/2017      | common stock  | 6,250                      |
| Non Qualified Stock Option (Right to Buy)  | \$ 30.95   | 11/23/2010                           |  | M                              | 3,125   | 05/13/2009   | 05/12/2018      | common stock  | 3,125                      |
|  | \$ 23.41   | 11/23/2010                           |  | M                              | 3,125   | 05/12/2010   | 05/11/2019      |   | 3,125                      |

Non  
 Qualified  
 Stock  
 Option  
 (Right to  
 Buy)

common  
 stock

## Reporting Owners

| Reporting Owner Name / Address  | Relationships |           |         |       |
|---|---------------|-----------|---------|-------|
|   | Director      | 10% Owner | Officer | Other |
| Teichgraeber Gretchen<br>C/O FORRESTER RESEARCH, INC.<br>400 TECHNOLOGY SQUARE<br>CAMBRIDGE, MA 02139 | X             |           |         |       |

## Signatures

|  |                     |
|--|---------------------|
| Ryan Darrah, attorney-in-fact for Gretchen<br>Teichgraeber | 11/26/2010          |
| <small>**Signature of Reporting Person</small>             | <small>Date</small> |

## Explanation of Responses:

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
  - \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.  
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