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Johnson Alis Form 4	sa B										
January 03, 2	2013										
FORM	14								OMB AF	PROVAL	
	UNITED	STATES		RITIES A shington,			NGE C	OMMISSION	OMB Number:	3235-0287	
Check th if no long subject to Section 1 Form 4 c Form 5 obligatio may cont See Instr 1(b).	MENT O rsuant to S (a) of the 30(h)	Section 1 Public U	SECUR 6(a) of th	January 31 Expires: 2005 Estimated average burden hours per response 0.5							
(Print or Type]	Responses)										
			2. Issuer Name and Ticker or Trading Symbol HELIX ENERGY SOLUTIONS GROUP INC [HLX]				-	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) (First) (Middle) 400 N SAM HOUSTON PARKWAY E, SUITE 400			3. Date of Earliest Transaction (Month/Day/Year) 12/31/2012					Director 10% Owner X Officer (give title Other (specify below) below) Exec.VP & Gen Counsel			
HOUSTON	(Street) 1, TX 77060		Filed(Month/Day/Year) App _X_			Applicable Line) _X_ Form filed by O	X_Form filed by One Reporting Person _Form filed by More than One Reporting				
(City)	(State)	(Zip)	Tabl	e I - Non-D) Oerivative S	Securi	ities Aca	uired, Disposed of	or Beneficial	lv Owned	
1.Title of Security (Instr. 3)	2. Transaction Dat (Month/Day/Year)	nsaction Date 2A. Deemed		3. 4. Securities Acquired Transactior(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock	12/31/2012			Code V S	Amount 7,000	(D) D	Price \$ 20.53	130,143	D		
Common Stock	12/31/2012			S	8,000	D	\$ 20.54	122,143	D		
Common Stock	01/02/2013			А	12,718	А	<u>(1)</u>	134,861	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not (9-02) required to respond unless the form

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displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed o (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Performance Share Unit	<u>(2)</u>	01/02/2013		А	25,436 (<u>3)</u>	(2)	(4)	Common Stock	25,436 (3)

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
Johnson Alisa B 400 N SAM HOUSTON PARKWAY E, SUITE 400 HOUSTON, TX 77060			Exec.VP & Gen Counsel			
Signatures						

Signatures

/s/ Alisa B. Johnson 01/03/2013 **Signature of Date Reporting Person

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- This restricted stock award was granted pursuant to the Company's 2005 Long Term Incentive Plan (as Amended and Restated effective (1)May 9, 2012) and therefore has no purchase or sales price.

Each Performance Share Unit ("PSU") represents the contingent right to receive one share of Helix Energy Solutions Group, Inc.

- ("Company") common stock. Actual number of shares upon vesting may range from 0% to 200% dependent on the Company's relative (2) shareholder return as compared to its peer group over a three-year period beginning January 1, 2013 and ending December 31, 2015. The Compensation Committee has the option to pay the value in cash at its discretion.
- (3) Amount reported is 200% of the number of PSUs granted and the maximum number that may be earned.
- (4) Upon payment of the PSUs which shall occur no later than March 15, 2016.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.