ALLETE INC Form 4 March 10, 2016

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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if no longer subject to Section 16. Form 4 or Form 5 obligations may continue.

Check this box

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES** Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,

Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

See Instruction

1. Name and Address of Reporting Person * AMBERG DEBORAH A			2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer		
			ALLETE INC [ALE]	(Check all applicable)		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction			
30 WEST SU	30 WEST SUPERIOR STREET		(Month/Day/Year) 03/09/2016	Director 10% Owner _X_ Officer (give title Other (specify below) SrVP, Gen. Counsel & Secretary		
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
DULUTH, MN 55802			Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporting Per Form filed by More than One Reperson			
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Ac	cquired, Disposed of, or Beneficially Owned		

(,)	(2-111-)	Tabl	e I - Non-L	Derivative S	Securi	ities Acqu	iirea, Disposea of	, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securit on(A) or Dis (Instr. 3, 4	sposed	of (D)	5. Amount of 6. Securities Ownership Beneficially Form: Direct Owned (D) or Following Indirect (I)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(Instr. 4)	
Common Stock	03/09/2016		M	5,531	A	\$ 48.65	15,578.53	D	
Common Stock	03/09/2016		M	9,191	A	\$ 39.1	24,769.53	D	
Common Stock	03/09/2016		S	14,722	D	\$ 55.9 (1)	10,047.53	D	
Common Stock							14,597.08 (2)	I	By RSOP Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number conf Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option - Right to Buy	\$ 48.65	03/09/2016		M	5,531	(3)	02/01/2017	Common Stock	5,531
Employee Stock Option - Right to Buy	\$ 39.1	03/09/2016		M	9,191	<u>(4)</u>	02/01/2018	Common Stock	9,191

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
AMBERG DEBORAH A 30 WEST SUPERIOR STREET DULUTH, MN 55802			SrVP, Gen. Counsel &				
DULU1H, MIN 33802			Secretary				

Signatures

Ingrid K. Johnson for Deborah A.
Amberg 03/10/2016

**Signature of Reporting Person

Reporting Owners 2

Date

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$55.72-\$56.04, inclusive. The reporting person undertakes to provide to ALLETE, any security holder of ALLETE, or the staff of the Securities Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range provided above.
- (2) Includes shares acquired in exempt transactions under ALLETE's retirement savings and stock ownership plan (RSOP) based on RSOP plan information available as of February 29, 2016.
- (3) This option vested in three equal installments on the first, second, and third anniversary of the February 1, 2007 grant date.
- (4) This option vested in three equal installments on the first, second, and third anniversary of the February 1, 2008 grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.